

STMARYSPERTH.AU

MOST REV. TIMOTHY COSTELLOE SDB ARCHBISHOP OF PERTH
Fr Sean Fernandez dean.cathedral@perthcatholic.org.au
Fr Richard Smith richard.smith@perthcatholic.org.au Fr Kenneth Acosta kenneth.acosta@perthcatholic.org.au Fr Jason Yeap jason.yeap@perthcatholic.org.au
Mr Victor Hoa manager.cathedral@perthcatholic.org.au
Cathedral Office cathedral@perthcatholic.org.au 08 9223 1350

Safeguarding Officers

1300 011 102
smc.tiny.us/safe

Joan Lim joan.lim@perthcatholic.org.au
Ann Brown ann.brown@perthcatholic.org.au
Lyn Schwan lyn.schwan@perthcatholic.org.au
Lucia Steeman lucia.steeman@perthcatholic.org.au
Benna Masbate benna.masbate@perthcatholic.org.au
Josephine Cabagyo josephine.cabagyo@perthcatholic.org.au



Parish Pastoral Council

Jessica Patterson (chair)
Jet Bautista (secretary)

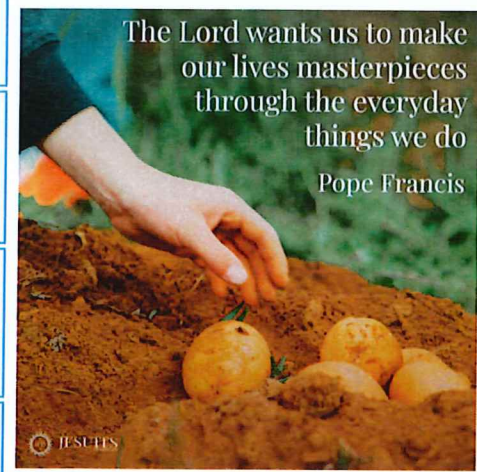
Damien Bowen, Ann Brown,
Anna Rowe, Fr Sean, Joan Lim,
Tony Meyrick, Monica Orsi,
Emmanuelle Dodo-Balu

Next Weekend's Roster

SATURDAY 05 OCTOBER	
6:00 pm	Fr Sean Fernandez (C) Lisa Deans (R) Paul Connelly
SUNDAY 06 OCTOBER	
8:00 am	Fr Sean Fernandez (C) Thomas Everett (R) Michael Carren (R) Helen Ho
9:30 am	Fr Jason Yeap (C) Colette Shack (R) Rebecca Henderson (R) Stephanie Schenk
11:00 am	Fr Jason Yeap (C) Olivia Gevana (R) Bianca Vernie (R) Amando Robles
5:00 pm	Fr Kenneth Acosta (C) Perry Larson-Pearse (R) Guilbert Cabagyo (R) Josephine Cabagyo
St Francis Xavier 9:30 am	Fr Kenneth Acosta (R) Grace (R) Rosanne

OUR MISSION

We strive to be an inspiring Catholic community in the heart of our city, welcoming everyone and providing sanctuary for the marginalised, the sorrowful and the seeker of Jesus' love



The Cathedral parish acknowledges the Whadjuk people of the Noongar nation, the Traditional Owners who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of reconciliation

At the bottom of this rather messy page, you will find the Ignatian Awareness Examen. Many people find the examen an aid to become aware of God's presence in their day; I certainly find myself more aware of the blessings of the day. Do take the bulletin home and try it. This version comes from Jesuit and Ignatian Spirituality Australia <https://jisa.org.au/the-examen/>

The examen refers to consolations (they've misspelled consolations) and desolations. Think of consolations as those movements in my heart and thoughts which deepen my faith, hope and love - they lead me closer to God. Desolations are those which diminish faith, hope and love - lead me away from God. There's another version of the examen directly beneath the bunny.

A priest, a pastor and a rabbit walked in to blood donation clinic. The nurse asked the rabbit: "What is your blood type?" "I am probably a type O" said the rabbit.



ANOTHER FORM OF THE EXAMEN

- Place yourself in God's presence. Give thanks for God's great love for you.
- Pray for the grace to understand how God is acting in your life.
- Review your day — recall specific moments and your feelings at the time.
- Reflect on what you did, said, or thought in those instances. Were you drawing closer to God, or further away?
- Look toward tomorrow — think of how you might collaborate more effectively with God's plan. Be specific, and conclude with the "Our Father."

Ignatian Awareness Examen

I GIVE THANKS
I give thanks for graces and benefits of this time and allow gratitude. I note my response.

I ASK FOR HELP
I ask the Holy Spirit for help to discern this time with openness.

I REVIEW
I carefully review this time, to see how God is working in me. I take note of my consolations and desolations.

I RESPOND
I respond to what I have experienced, felt or learned in my review just made. I give thanks or express sorrow. I take note of this.

I RESOLVE
I resolve with hope and the grace of God to consider a loving way forward, may I desire growth and transformation. What actions can I make in my new awareness?

OUR FATHER

Fr. Joseph Laundry, Vocations Director, invites men aged 18+ to join our Discernment Retreat from 18-20 October 2024 at St. Charles Seminary, Guildford. This retreat offers spiritual formation, vocations talks, and more to help participants discern God's call. We kindly ask you to share this opportunity with your parish. Should you have any questions or wish to discuss this further, please do not hesitate to reach out. Only 3 spots remain, and registration details can be found at vocations.perthcatholic.org.au/discernment-retreat-2024.



BJ Hickey Biblical Studies Scholarships for 2025

The Centre for Faith Enrichment is once again calling for applications to the BJ Hickey Scholarship! The scholarships are for Biblical studies of any length and at any level. You don't need to be an academic – just someone with a desire to further their knowledge of Scripture and to help others with that knowledge. To access the scholarship application details and the new digital Scholarship Application Form, please visit the [Scholarships page](#) on the Centre for Faith Enrichment website. Please note that applications close at 5:00pm on Friday, 1 November 2024. These will be considered in November 2024 and applicants will be notified in December 2024. For all related inquiries, please email cfe@perthcatholic.org.au or call 9278 0261



THE CATHEDRAL MORNING TEA 06 OCTOBER 2024

Please join us for morning tea in the Parish Centre after the 8:00am Mass. It is a great opportunity to meet other parishioners. All are welcome!

A reminder that the downstairs toilets and most parts of the Cathedral are open to the public. Please ensure that children and others at risk are accompanied at all times.



Một lời nhắc nhở rằng các nhà vệ sinh ở tầng dưới và hầu hết các phần của Nhà thờ đều mở cửa cho công chúng. Vui lòng đảm bảo rằng trẻ em và những người khác có nguy cơ luôn đi kèm.