

The Cathedral parish acknowledges the Whadjuk people of the Noongar nation, the Traditional Owners who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of reconciliation.

#### OUR MISSION

We strive to be an inspiring Catholic community in the heart of our city, welcoming everyone and providing sanctuary for the marginalized, the sorrowful and the seeker of Jesus' love.

#### CATHEDRAL PARISH

St Mary's Cathedral, St Francis Xavier Church, All Saints Chapel

**MOST REV. TIMOTHY COSTELLOE SDB**  
ARCHBISHOP

**Fr Sean Fernandez** dean.cathedral@perthcatholic.org.au  
**Fr Richard Rutkauskas** richard.rutkauskas@perthcatholic.org.au  
**Fr Richard Smith** richard.smith@perthcatholic.org.au  
**Fr Kenneth Acosta** kenneth.acosta@perthcatholic.org.au

#### CATHEDRAL ADMINISTRATION

**Victor Hoa** manager.cathedral@perthcatholic.org.au

25 Victoria Avenue,  
Whadjuk Country, Perth WA 6000  
9223 1350  
cathedral@perthcatholic.org.au  
smcperth.org.au

#### PARISH PASTORAL COUNCIL

Jessica Patterson chair.ppc@smcperth.org.au  
Jet Bautista secretary.ppc@smcperth.org.au

Damien Bowen, Ann Brown, Anna Rowe, Fr Sean, Joan Lim, Tony Meyrick.

#### CATHEDRAL SAFEGUARDING OFFICERS

1300 011 102

[smc.tiny.us/safe](https://smc.tiny.us/safe)

Josephine Cabagyo - j.cabagyo@smcperth.org.au  
Sally Cook - s.cook@smcperth.org.au  
Lyn Schwan - l.schwan@smcperth.org.au  
Lucia Steeman - l.steeman@smcperth.org.au  
Ann Brown - a.brown@smcperth.org.au  
Joan Lim - j.lim@smcperth.org.au  
Benna Masbate - b.masbate@smcperth.org.au



**The Cathedral toilets are downstairs and accessible to the public. Please ensure that children are accompanied when they go to the toilets.**

**Let's work together to build a safe environment for children and vulnerable adults. Contact our safeguarding officers if you have any concerns or questions.**

#### 4TH SUNDAY IN LENT YEAR A

##### Saturday 18 March 2023

5:00pm – 6:00pm Confessions  
6:00pm – Vigil Mass

##### Sunday 19 March 2023

8:00 am – Mass  
9:30 am – Mass  
11:00 am – Mass  
5:00 pm – Mass

##### Monday – Friday

8:00am – Mass  
11:00am – 12:00 Noon Confession  
12:10pm – Mass

##### Wednesday

7:30pm – Miraculous Medal Novena

##### Friday

11:00am – Holy Hour  
5:00pm – Stations of the Cross

#### NEXT WEEKEND'S ROSTER

##### Saturday 25 March

**6:00 pm** Fr Richard Rutkauskas  
(C) Ronellie Lenon  
(R) Helen Sisto

##### Sunday 26 March

**8:00 am** Fr Richard Rutkauskas  
(C) Michael Carren  
(R) Jessica Patterson  
(R) Thomas Everett

**9:30 am** Fr Richard Smith  
(C) Leticia Craig  
(R) Stephanie Schenk  
(R) Rebecca Henderson

**11:00 am** Fr Kenneth Acosta  
(C) Perry Larson-Pearce  
(R) Christabel Lee  
(R) Mellisa Menezes

**5:00 pm** Fr Richard Smith  
(C) Christine Stewart  
(R) Sean Keane  
(R) Josephine Cabagyo

##### 9:30 am **ST FRANCIS XAVIER**

Fr Sean Fernandez  
(R) Noelene  
(R) Grace

#### PROJECT COMPASSION SUNDAY



Thu lives in Vietnam. When Thu was 12 years old, he stepped on an unexploded land mine and lost his leg. Living with a disability in rural Vietnam presented many challenges for Thu, who worked mainly as a rice farmer. Thu also took on the role of caring for his wife, Linh, after she suffered a stroke.

Determined to turn their lives around, Thu and Linh joined the Empowerment of People with Disabilities program, run by Caritas Australia's local partner in Vietnam, the Centre for Sustainable Rural Development (SRD).

For Thu, the greatest impact the program has had is enabling the change in Linh's physical and mental wellbeing. With the support of a physiotherapist, Linh can now walk short distances with the aid of a walking stick. Please donate to Project Compassion 2023. Together, we can help vulnerable communities face their challenges today and build a better tomorrow for all future generations. You can donate through Project Compassion donation boxes and envelopes available from your parish, by visiting [caritas.org.au/project-compassion](https://caritas.org.au/project-compassion), or by calling 1800 024 413.



#### CATHOLIC ACTION TO ERADICATE MODERN SLAVERY

Australian Catholic Anti-Slavery Network ([acan.org.au](https://acan.org.au)) The St Mary's Cathedral in partnership with WA Australian Catholic Migrant & Refugee Office (WACMRO) is committed to ending modern slavery from its supply chains by adopting an ethical procurement policy. As consumers we can Shop for Good in 2023. To ensure that those chocolate, tea and coffee we consume actually provided decent work to vulnerable people at the bottom of supply chains, look out for some of these labels: Fairtrade, Rainforest or UTZ. For more information, please visit the following websites: [www.fairtradeanz.org](https://www.fairtradeanz.org) <https://www.chocolatescorecard.com/>

**TOGETHER LET US EXPLORE THE SUNDAY MASS READINGS!** Fr Richard Smith will give us an opportunity to explore and understand our Mass Readings week by week. 7.30pm to 9.00pm each Tuesday Evening at 450 Hay St., Perth (next to the Cathedral House garden)

**CATHEDRAL CHOIR AUDITIONS** Auditions are starting up for the Cathedral Choir 2023 intake – we invite potential choristers to take up the challenge and have a go! Entry age for this round of auditions is 6 years of age (Yr 1) – 12 years of age. No prior singing experience necessary. Registrations close on 21 March.

For details contact Director of Music Jacinta at [music.cathedral@perthcatholic.org.au](mailto:music.cathedral@perthcatholic.org.au) or on 9223 1377.



**THE CATHEDRAL MORNING TEA SUNDAY OF 19 MAR** Please join us for morning tea in the Parish Centre today after the 9.30am Mass. It is a great opportunity to meet other parishioners. All are welcome.

**CATHOLIC ARCHDIOCESE OF PERTH** The Catholic Archdiocese of Perth is seeking a suitably qualified Systems Accountant to join its Finance team based in Adelaide Terrace, Perth on a fixed term (12 months) full-time basis (listed on SEEK). For a copy of the Job Description, please email: [recruitment@perthcatholic.org.au](mailto:recruitment@perthcatholic.org.au). Applications can be submitted on SEEK by Tuesday 4 April 2023. We reserve the right to begin the shortlisting prior to the closing date.

**PILGRIMAGE** Mgrs Keating is leading a pilgrimage to Rome, Assisi and Sicily from 5 May to 19 May 2023. Full itinerary and information available from Anawin Journeys: 08 6118 7313 or [info@anawimjourneys.com](mailto:info@anawimjourneys.com)

**RECEIVING HOLY COMMUNION** There are two ways of receiving the Body of Christ – on the tongue or on the hand. Both are equally reverent. If you are receiving on the hand, 'the best way is to put one hand down and put the other hand on top of it and make, as Tertullian used to say, a kind of throne for the Lord. When the priest puts the Host on your hand, you say, "Amen." Take a step or two to the side to make way for the next communicant, then place the Body of Christ in your mouth.

'If you are going to receive on the tongue, you should keep certain things in mind. First, the head should be bent back slightly, and the head should be held erect, but kind of tilted back. The tongue should come out over the bottom teeth, equal with the bottom lip, so that the priest has someplace to put the Host.' ([catholiceducation.org](https://catholiceducation.org))

The Australian bishops ask us to reverence the Body and Blood of Christ with a bow of the head while the person before us is receiving Communion and to stand while receiving. We grow in humility by seeking to observe the bishops' instructions on the liturgy. We receive Communion to become one body; may all we do build this unity.