

LITURGY OF THE HOURS – Simplified Morning Prayer

Friday 10 Apr 2020

Friday of the Passion of the Lord (Good Friday)

Introductory Verse

O God, come to our aid.

O Lord, make haste to help us.

Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be, world without end.
Amen.

Psalmody

(Ant.) God did not spare his own Son, but gave him up for us all.

Have mercy on me, God, in your kindness.
In your compassion blot out my offence.
O wash me more and more from my guilt
and cleanse me from my sin.

My offences truly I know them;
my sin is always before me.
Against you, you alone, have I sinned;
what is evil in your sight I have done.

That you may be justified when you give sentence
and be without reproach when you judge,
O see, in guilt I was born,
a sinner was I conceived.

Indeed you love truth in the heart;
then in the secret of my heart teach me wisdom.
O purify me, then I shall be clean;
O wash me, I shall be whiter than snow.

Make me hear rejoicing and gladness,
that the bones you have crushed may revive.
From my sins turn away your face
and blot out all my guilt.

A pure heart create for me, O God,
put a steadfast spirit within me.
Do not cast me away from your presence,
nor deprive me of your holy spirit.

Give me again the joy of your help;
with a spirit of fervour sustain me,
that I may teach transgressors your ways
and sinners may return to you.

O rescue me, God, my helper,

and my tongue shall ring out your goodness.
O Lord, open my lips
and my mouth shall declare your praise.

For in sacrifice you take no delight,
burnt offering from me you would refuse,
my sacrifice, a contrite spirit.
A humbled, contrite heart you will not spurn.

In your goodness, show favour to Sion:
rebuild the walls of Jerusalem.
Then you will be pleased with lawful sacrifice,
holocausts offered on your altar.

Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be, world without end. Amen.

(Ant.) God did not spare his own Son, but gave him up for us all.

Scripture

See, my servant will prosper, he shall be lifted up, exalted, rise to great heights. As the crowds were appalled on seeing him – so disfigured did he look that he seemed no longer human – so will the crowds be astonished at him, and kings stand speechless before him; for they shall see something never told and witness something never heard before.

A period of silence may be observed after the scripture reading.

Short Responsory

In place of the short responsory the following antiphon is said:

(Ant.) Christ humbled himself for us and, in obedience, accepted death, even death on a cross. Therefore God raised him to the heights and gave him the name which is above all other names.

Gospel Cantic

(Ant.) Over his head was placed the charge against him: 'This is Jesus, the Nazarene, the King of the Jews.'

Blessed be the Lord, the God of Israel!
He has visited his people and redeemed them.

He has raised up for us a mighty saviour
in the house of David his servant,
as he promised by the lips of holy men,
those who were his prophets from of old.

A saviour who would free us from our foes,
from the hands of all who hate us.
So his love for our fathers is fulfilled
and his holy covenant remembered.

He swore to Abraham our father to grant us,
that free from fear, and saved from the hands of our foes,
we might serve him in holiness and justice
all the days of our life in his presence.

As for you, little child,
you shall be called a prophet of God, the Most High.
You shall go ahead of the Lord

to prepare his ways before him,

To make known to his people their salvation
through forgiveness of all their sins,
the loving-kindness of the heart of our God
who visits us like the dawn from on high.

He will give light to those in darkness,
those who dwell in the shadow of death,
and guide us into the way of peace.

Glory be to the Father and to the Son and to the Holy Spirit,
as it was in the beginning, is now, and ever shall be, world without end. Amen.

(Ant.) Over his head was placed the charge against him: 'This is Jesus, the Nazarene, the King of the Jews.'

Intercessions

Let us pray to our Redeemer, who suffered for us, was buried, and rose from the dead.

Lord, have mercy on us.

Lord and master, for us you became obedient even to death;
keep us faithful to God's will in the darkness of our lives.

Lord, have mercy on us.

Jesus, our life, by dying on the cross you destroyed hell and death;
grant that we may die with you and rise with you in glory.

Lord, have mercy on us.

Christ, our king, you were the scorn of the people, a worm not a man;
teach us to tread your path of humility.

Lord, have mercy on us.

Jesus, our Saviour, you laid down your life for your friends;
let us love one another as you have loved us.

Lord, have mercy on us.

Jesus, our hope, you stretched out your hands on the cross to embrace all ages of men;
gather all God's scattered children into the kingdom of salvation.

Lord, have mercy on us.

The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.

Amen.

Concluding Prayer

Be mindful, Lord, of this your family,
for whose sake our Lord Jesus Christ, when betrayed,

did not hesitate to yield himself into his enemies' hands
and undergo the agony of the cross:
he who lives and reigns with you and the Holy Spirit,
God, for ever and ever.

Amen.

Blessing

The Lord bless us, and keep us from all evil, and bring us to everlasting life.

Amen.

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